



# ADULT LEARN TO SAIL






Tauranga Yacht & Power Boat Club (TYPBC), one of New Zealand's top sailing clubs, has produced many of New Zealand's world, Olympic, and Americas Cup sailing champions and many more who chose to pursue sailing as a lifelong hobby. Famous names such as Olympic and Americas Cup champion Peter Burling, and 2021 World Laser champion Thomas Saunders, and Olympic bronze and silver medalists Sam and Molly Meech all spent their junior years growing up and sailing in Tauranga. Their success is attributed to the stunning sailing conditions prevailing on Tauranga harbour, complemented by one of the best yacht club sites in New Zealand with expansive club rooms and spacious parking and rigging areas. Tauranga is a safe, fun, and internationally renowned location for learning the art and science of sailing.

TYPBC is committed to creating the next generation of both sailing champions and sailing enthusiasts, offering comprehensive and fun learn-to-sail and learn-to-race programmes for Adults age 16 plus. We offer a clear path for adults from 16 years to learn to sail and race using equipment provided by TYPBC. The learning process involves a mix of both team and individual sailing in Topaz and RS Quest dinghies, covering water safety, learning to sail individually and as part of a team, rope work, and boat preparation and maintenance.

No sailing experience is necessary, just the ability to swim 50m in a life jacket and have confidence in the water, but most importantly, the desire to learn and have fun. We provide boats and lifejackets; you will need to supply suitable protective clothing, including a wetsuit, spray jacket, and hat. Also, bring water bottles and sunscreen.



# Learn To Sail Adult

Learn to Sail Adult is a range of courses for our sailors to grasp the foundations of how to sail safely and gain water confidence. The programme follows the Yachting New Zealand guidelines, with our certified coaches who provide a safe and fun environment to learn the essentials of sailing and to have fun under the sun (and rain)!

Sailing is an essential part of New Zealand's culture and growth. Our goal is to enable our community to enjoy our beautiful backyard and to be able to enjoy the simple pleasures in life, sailing on the water, enjoying the water and exploring the Tauranga Harbour.

## **What To Expect?**

Adult Learn to Sail courses usually run over five weeks. To learn more regarding times and dates please refer our website.

You will turn up changed for sailing and ready to learn at the lesson's start time. Some adults will pick up sailing quicker than others. Some will be able to progress to the Level 2 course after the 5 week block. Others however, may need a second block. This does vary from sailor to sailor. Your coach can discuss this with you as you go.



# Learn To Sail Adult

## **Adult Learn To Sail and Race**

We start by teaching the basics of how the boat and wind work. From here, a coach will take you on one of our RS quests or Omega; this is a controlled learning environment so you can learn with ease and feel comfortable.

After two lessons, you will generally transition to our Topaz Toppers; this is where you will apply your learnings from the controlled environment. Here, you will learn and strengthen your skills in sailing the smaller boats as a coach is always nearby to assist.

As soon as practical in either your initial or a subsequent course, the coach will run races between the group in order for you to start learning the yacht racing process.

### **What Is Expected From The Sailors?**

Sailors, Turn up on time! Ready to learn.

No bullying or violence will be tolerated. Respect each other and the coaches.

Bring food and water.

We are here to help; feel free to ask our team questions.

# Sailing Pathway

**Beginner**

**Adult Learn To Sail**

**Apply For  
Membership**

**Adult  
Race Training**

**Crew On Club  
Keelboats  
Race Nights**

**Buy a Dinghy  
Race OR Cruise**

**Buy a Keelboat  
Race OR Cruise**

# Frequently Asked Questions

## How can I contact the Sailing School?

Reach out to our Sailing Administrator at [learntosail@yacht.org.nz](mailto:learntosail@yacht.org.nz).

## Does the club provide the boats, or do I need to bring my own?

The club provides the boats for the training programme. Once you have done the course you would need to buy your own boat. The Club does not have hire boats.

## How do I enrol?

Complete the enrollment form online form [www.yacht.org.nz/register](http://www.yacht.org.nz/register).

## Can I start a course mid-way through?

Contact the sailing coordinator to discuss. We will always do our best to accommodate integrate new adults and families into the learn to sail program at TYPBC.

## Am I guaranteed to be accepted into the course I chose?

We will endeavor to give you what you the course and times you request but due to excess demand for certain times or insufficient numbers to justify a course we may need to look at other options for you. In which case we will be in touch to discuss further.

## Can I choose multiple courses?

Yes, you can.

## I have some sailing experience; I am unsure which course to take.

Contact our Training Manager. The best way to proceed may be to do a Have-a-Go day so our coaches can assess what your level is at and the most suitable course to enrol or speak to the Training Manager.



# Frequently Asked Questions

## **How do I pay for the course?**

Once course selection is confirmed you will pay online via Debit or Credit Card.

## **What do I need to bring?**

- Underclothing that is OK to get wet. A wetsuit is best if you have one, otherwise swimwear and synthetic fabrics are ideal.
- Waterproof jacket and warm/protective layers such as thermals on colder days.
- Good fitting life jacket.
- Lycra shirts and tights for sun protection on warmer days.
- Cap or warm hat.
- Sunscreen.
- Gloves (cycling gloves can be good too) – not completely necessary but good for grip.
- Booties or shoes to get wet – not completely necessary but good for grip.
- Water bottle.
- Medication (inhalers, etc.)
- Food. Snacks and lunch for all day course.
- Dry clothes and towel for after sailing.
- Long hair must be tied back and is best covered with a hat.

It is very important that you are protected from the elements, both cold and hot. We have some spray jackets and buoyancy aids for new sailors, but it is best to bring your own as we cannot guarantee a good fit or sufficient quantity.

**If you need clarification on what is suitable sailing attire, contact the Training Manager.**